

GASTROESOPHAGEAL REFLUX DISEASE (GERD)

Symptoms

Each person may not feel gastroesophageal reflux disease (GERD) in the same way.

Common symptoms are:

- Heartburn.
 - **Burning pain** behind the chest that may move up toward the neck.
 - Burning pain that is worse when you are lying down or bending over.
 - Heartburn often happens after you eat.
- Feeling like **food is coming back up** into your mouth, maybe with a bitter taste.
- Sore throat that won't go away.
- Hoarseness (scratchy-sounding voice).
- Cough that won't go away.
- Asthma.
- Chest pain.
- Feeling like there is a lump in your throat.
- Pain when you swallow.
- Feeling as though food sticks in the throat when going down.
- Nausea.
- Frequent burping.
- Throwing up.



The information provided by the AGA Institute is not medical advice and should not be considered a replacement for seeing a medical professional.

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Alarm Symptoms



Certain alarm symptoms may point to complications or life-threatening problems. **Should you have any of these alarm-warning symptoms, talk to your doctor right away.**

- **Chest pain** with activity, such as climbing stairs.
- Losing weight without trying.
- Choking while eating or trouble swallowing food and liquids.
- Throwing up blood or material that looks like coffee grounds.
- Red or black stools.



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